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World Parenting Conference

Dublin, Ireland September 14 - 16, 2014

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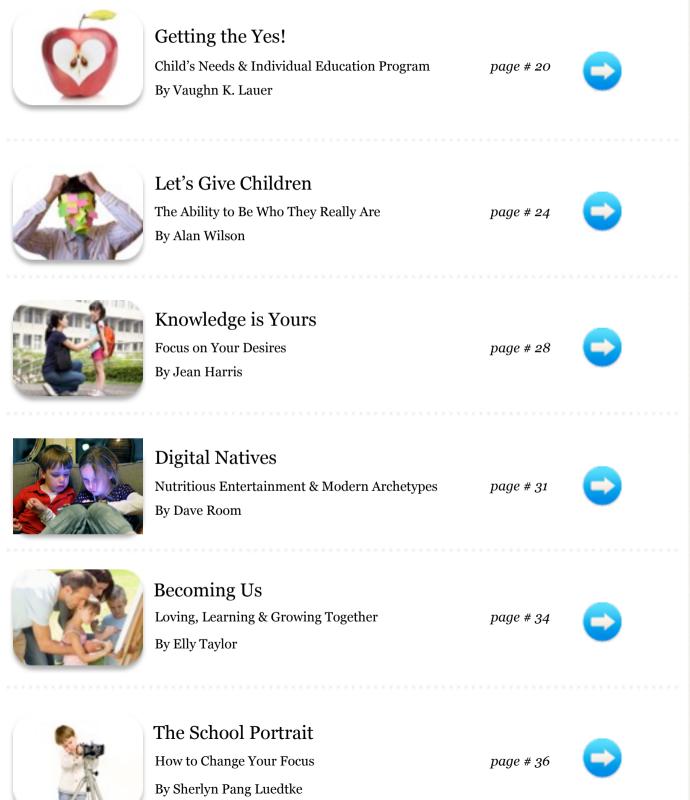




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PEACE IN SOUL

Your Child's Soul is Showing

How to Nourish their Inner Workings

By Ilene Dillon, MSW

A spiritually-aware father recently told me about his 5 year old son running to a classmate who had fallen and scraped his knee, saying "I can help you; I have healing hands!"

The teacher stepped in, saying "Healing hands are not possible. Medicine and a bandage strip are what will help your friend heal."

Later that night, the boy shared the story with his parents, struggling with why he had been told his healing hands were "not possible."

His father, who both fully respected his young son and was helping him to fit into the world, said "In this case, you know more than your teacher! It *is* possible to have healing hands. Sadly, she just doesn't know it yet."

This 5 year olds' experience highlights a growing issue that has not yet been addressed:

Most children of today have abilities and talents that we adults are not used to seeing—or acknowledging—in young children.



Driven more by "inner knowing" and intuition than previous generations, today's children are showing their bright inner light and coming equipped with amazing talents, expressed early in life, that deserve both respect and acknowledgment.

Instead of limiting our children to work within our own beliefs, we parents need to open ourselves to possibilities that may be difficult for us to accept.

This is why our paradigm for parenting children *must change*. Because we have children whose inner workings are different than even 30 years ago, we must develop new ways of parenting that nourish and guide children with unfamiliar abilities. While this may not be easy, a great gift for your child is to support what may actually be possible, rather than what you learned is possible.

Previously, parents emphasized children fitting in to this world, following societal rules, and obeying.

When newborns arrived, they were seen as "new citizens of earth," often with scant acknowledgment given to the inner soul of the child, especially as the child grew and revealed the ways they differed from expectations.

Increasingly, we're noticing there is more to us than "just" being a human being. As human consciousness increases, we're realize we're Souls who've come to earth to live a human life.

A child's Soul Self needs to be nourished as much as the human self. This requires adjustment in our parenting approach and within ourselves.

Today's children are pushing adults to open themselves to new possibilities and perspectives. Will we accept their powerful invitation to grow?



What Does This Mean for Parents?

1. We need to open ourselves to new perspectives.

Acknowledge and *live* an understanding of children as Souls who arrive on earth bringing talents, a personal plan, past experience and lessons to be learned.

Our child is more like a well-traveled "visitor" than a brand new being who has nothing to offer.

2. We need to partner with our child, as equals in all but age and size.

Instead of assuming the responsibility to teach our child everything, *shape* his/her life, or instruct on the "right way", we need to see our child as a visitor, a partner who accepts our protection and gives us feedback (by reacting to us honestly), love, challenge and new information.

We can ask our child to help us grow, and assist the child's growth. We can accept that our child may not wish to become the person we think s/he "should" become!

3. We need to enlarge our scope, accepting all human beings as a combination of mental, physical, emotional AND spiritual elements.

Each person is a *whole person*. Parents have the opportunity to welcome the whole person to this earth, and assist him/her *to develop all the parts equally*.

In addition to school subjects, children need to learn life skills, such as how to care for their own bodies, learn from their emotions, or manage finances.



Previously, parents urged children to quarantine emotions and connect with their soul at bedtime, in crisis, or on the Sabbath.

Children need support in staying connected—in all four areas—all the time.

4. We need to update our skills.

Just as parents have needed to learn technology, we need to learn to connect with our own emotions, end codependent patterns, live by our intuition, and manifest our dreams.

We need to recognize and develop all four areas of life in ourselves, too.

5. We need to learn to communicate with our own Soul, AND with the Soul of our child.

One of the most miraculous things now available to all humans is the ability to communicate directly with their own Soul Self.

This is accessible without assistance from a holy person, a particular religion, or even significant ritual. We clear away the detritus of debilitating beliefs and incorrect self-identity gathered during our years here on the earth, and the Soul Self is there.

Parents can communicate with the Soul Self of their children (even prior to birth*); and children can be enabled to communicate with their own Soul Self.

The Soul Self has answers *tailored* to that individual. To best parent children, we must bring the spiritual (not religious) element back into the parenting equation, but in a new way.

6. We need to welcome and embrace enormous change.

Lazaris, of *Concept Synergy,* once said: "Before change, there is chaos. After change, chaos."

As a 42-year psychotherapist, I've observed that most people don't like change, and so wait to change until the pain of where we are/what we're doing gets so great we think it couldn't be any worse.

The Truth is that, on earth, "change is the name of the game." Parents need to accept, and actively embrace, change.



Practical Suggestions

Consider including some of these suggestions into your parenting:

1. Parent by Principle; teach children principles like "Energy follows attention," or "Each person is individually responsible for his/her own life."

2. Consider our Earth a Giant School, to which we've all come in order to grow and learn. Help yourself and your child to learn.

3. View all your child's experiences as *opportunities for learning*, and help them *do* that learning.

4. Allow yourself to learn *from your children;* being in a small body doesn't limit who they are as Souls

5. Treat children with the utmost respect, as if they were visitors from another place. Set limits, discipline and teach, but *with much greater respect*.

6. Recognize *your self* as a Soul, with all the attendant appreciation and respect!

7. Love every aspect of this amazing life!

8. Learn to communicate directly with your child's soul, actively recognizing and supporting that Soul Self

We are all in the *midst* of incredible change and transformation.

We parents can help our children transform into the new ways of being human and living on this earth by welcoming their Soul and allowing it to show, supporting *the whole people* who come to earth, gifting us with their willingness to share their experiences, learning and lives with us!

*Look at *Natural, Pain Free Birth…A Soul's Journey to Earth,* by Sonja and Oliver Rechnitzer (2010: Griffin Press, Australia), ISBN 978-0-9807827-0-7





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